

MANUAL

LOW STRETCH KERNMANTLE ROPE

ELSF-AR105



CE 1019
EN1891:1998-A



NOTIFIED BODY FOR EU TYPE EXAMINATION AND PRODUCTION CONTROL:

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Personal protective equipment (PPE) used for fall protection from height. EN1891:1998 low stretch kernmantle rope.

This product must not be pushed beyond its limits, nor be used for any purpose other than that for which it is designed.

NOMENCLATURE OF PARTS



1. Plastic protection sleeve
2. Attachment points
3. Rope
4. Sewing thread



Type: FLEXIBLE ANCHOR LINE
Model: AR105-xxx
Mfg. date: MM/YYYY
Max. Length: 20/30M
Serial No.: EN 1891-A

CE 0082

EN3582018

MARKING

1. ELLERsafe: Manufacturer name
2. AR105 is model number;
3. XX -s rope length in meters
4. MM/YY: batch number: MONTH/YEAR
5. EN1891:1998. means European standard and publication date
6. CE means conform according to Regulation 2016/425;
7. 12mm diameter rope
8. MAX 1 person
9. Read the instruction for use

LIMITATIONS

Activities involving the use of this equipment are inherently dangerous. You are responsible for your own actions, decisions and safety.

Before using this equipment, you must:

- Read and understand all Instructions for use.
- Get specific training in its proper use.
- Become acquainted with its capabilities and limitations.
- Understand and accept the risks involved.

Failure to heed any of these warnings may result in severe injury or death. This product must only be used by competent and responsible persons, or those placed under the direct and visual control of a competent and responsible person.

You are responsible for your actions, your decisions and your safety and you assume the consequences of same. If you are not able, or not in a position to assume this responsibility, or if you do not fully understand the Instructions for Use, do not use this equipment.

Before each use

Visually check the condition of the sheath along the entire length of the rope. Make sure there are no cuts, burns, frayed strands, fuzzy areas, or signs of chemicals. Carry out a tactile inspection of the core along the entire length of the rope. This allows you to detect areas where the core is damaged (hard spot, mushy area...). Check the condition of the sewn terminations (wear, burns, frayed strands, fuzzy areas, or signs of chemicals) and the condition of the plastic sleeve (deformation, cuts...).

During use

It is important to regularly monitor the condition of the product and its connections to the other equipment in the system. Make sure that all items of equipment are correctly positioned with respect to each other. Beware of sharp edges and rubbing that can damage the rope.

COMPATIBILITY

Verify that this product is compatible with the other elements of the system in your application (compatible = good functional interaction). Equipment used with your rope must meet current standards in your country (e.g. EN 12275 or EN 362 carabiners). Make sure that your rope is compatible with the devices used with it: see their Instructions for Use. If using a rope adjuster, verify that it is compatible with the rope's diameter (see the marking on the rope adjuster).

WARNING: a new rope can be slippery; the effectiveness of belay/rappel devices may be reduced. Familiarize yourself with the use of your new rope.

WARNING: check that there are no burrs or sharp edges on the carabiners or other devices that come into contact with your rope.

USAGE

WARNING: chemicals, heat, abrasion, ultraviolet light and sharp edges can damage your rope.

If necessary, be sure to use a rope protector or a deviation.

A rope swells with use and can shrink in length by up to 15 %. Regularly check the length of your rope.

A wet or icy rope is less abrasion resistant. It is also harder to control in belay/rappel devices.

A knot at the end of the rope is a necessary precaution in certain situations.

Avoid descending too rapidly: there is a risk of burns and accelerated wear of the rope.

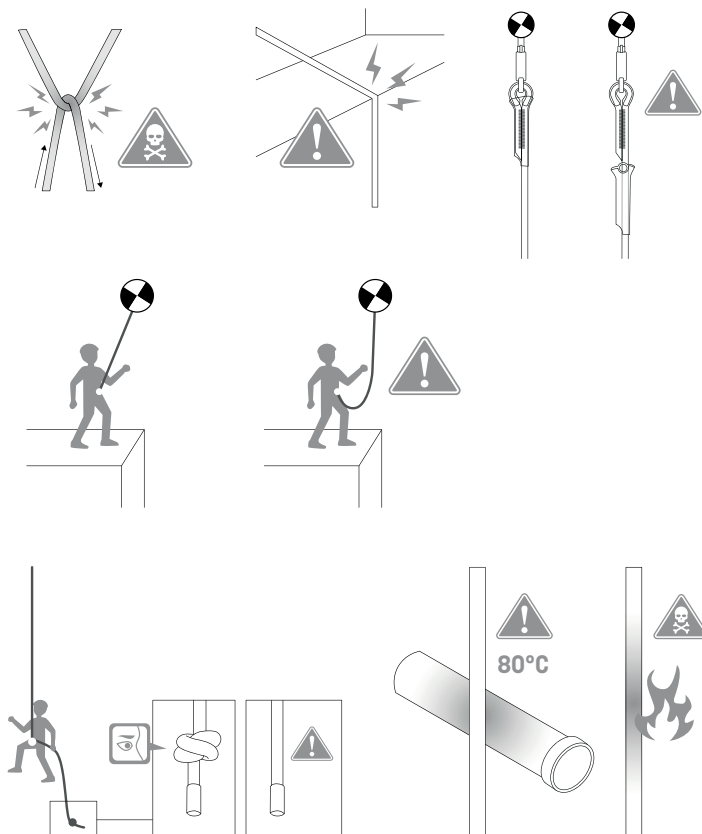
If a rope is cut into several lengths, mark the ends with the correct lengths and end-markings. Cutting a rope makes you responsible for measuring the new lengths and adding new markings.

Tie a figure 8 knot (for example) or use a manufactured termination.

Use your ropes at a maximum ambient temperature of 80° C. Avoid any exposure to heat above 80° C, or to flame.

REMOVAL FROM SERVICE

The device must be withdrawn from use and destroyed immediately if it has been used to arrest a fall or it is considered not suitable for further use based on inspection carried out or if there are any doubts as regards its technical condition.



Device must be inspected at least once every 12 months from the date of first use. Periodic inspections must only be carried out by a competent person who has the knowledge and training required for personal protective equipment periodic inspections. Depending upon the type and environment of work, inspections may be needed to be carried out more frequently than once every 12 months. Every periodic inspection must be recorded in the Identity Card of the equipment.

The maximum lifespan of load bearing textile equipment is 10 years from the date of manufacture.

Metallic equipment can be used without time limit on the condition periodic inspections are carried out timely.

The equipment maximum lifetime depends on the intensity of usage and the environment of usage. Using the device in rough environment, marine environment, contact with sharp edges, exposure to extreme temperatures or aggressive substances, etc. can lead to the withdrawal from use even after one use.

The device must be withdrawn from use immediately and destroyed when it has been used to arrest a fall or it fails to pass inspection or there are any doubt as to its reliability.

- personal protective equipment shall only be used by a person trained and competent in its safe use.
- personal protective equipment must not be used by a person with medical condition that could affect the safety of the equipment user in normal and emergency use.
- a rescue plan shall be in place to deal with any emergencies that could arise during the work.
- being suspended in PPE (e.g. arresting a fall), beware of suspension trauma symptoms. To avoid symptoms of suspension trauma, be sure that the proper rescue plan is ready for use. It is recommended to use trauma straps.
- it is forbidden to make any alterations or additions to the equipment without the manufacturer's prior written consent.
- any repair shall only be carried out by

- personal protective equipment shall not be used outside its limitations, or for any purpose other than that for which it is intended.
- personal protective equipment should be a personal issue item.
- before use ensure about the compatibility of items of equipment assembled into a fall arrest system.
- Periodically check connecting and adjusting of the equipment components to avoid accidental loosening or disconnecting of the components.
- it is forbidden to use combinations of items of equipment in which the safe function of any one item is affected by or interferes with the safe function of another.
- before each use of personal protective equipment it is obligatory to carry out a pre-use check of the equipment, to ensure that it is in a serviceable condition and operates correctly before it is used.
- during pre-use check it is necessary to inspect all elements of the equipment in respect of any damages, excessive wear, corrosion, abrasion, cutting or incorrect acting, especially take into consideration:
 - in full body harnesses and belts buckles, adjusting elements, attaching points, webbings, seams, loops;
 - in energy absorbers - attaching loops, webbing, seams, casing, connectors;
 - in textile lanyards or lifelines or guidelines - rope, loops, thimbles, connectors, adjusting element, splices;
 - in steel lanyards or lifelines or guidelines - cable, wires, clips, ferrules, loops, thimbles, connectors, adjusting elements;
 - in retractable fall arresters - cable or webbing, retractor and brake proper acting, casing, energy absorber, connector;
 - in guided type fall arresters - body of the fall arrester, sliding function, locking gear acting, rivets and screws, connector, energy absorber;
 - in metallic components (connectors, hooks, anchors)
 - main body, rivets, gate, locking gear acting.
- after every 12 months of utilization, personal protective equipment must be withdrawn from use to carry out periodical detailed inspection. The periodic inspection must be carried out by a competent person for periodic inspection. The periodic inspection can be carried out

- in case of some types of the complex equipment e.g. some types of retractable fall arresters the annual inspection can be carried out only by the manufacturer or his authorized representative.
- regular periodic inspections are the essential for equipment maintenance and the safety of the users which depends upon the continued efficiency and durability of the equipment.
- during periodic inspection it is necessary to check the legibility of the equipment marking. Don't use the equipment with illegible marking.
- it is essential for the safety of the user that if the product is re-sold outside the original country of destination the reseller shall provide instructions for use, for maintenance, for periodic examination and for repair in language of the country in which the product is to be used.
- personal protective equipment must be withdrawn from use immediately when any doubt arise about its condition for safe use and not used again until confirmed in writing by equipment manufacturer or his representative after carried out the detailed inspection.
- personal protective equipment must be withdrawn from use immediately and destroyed (or another procedures shall be introduced according detailed instruction from equipment manual) when it have been used to arrest a fall.
- a full body harness (conforming to EN 361) is the only acceptable body holding device that can be used, in a fall arrest system.
- in full body harness use only attachment points marked with a capital letter "A" to attach a fall arrest system.
- the anchor device or anchor point for the fall arrest system should always be positioned, and the work carried out in such a way, as to minimise both the potential for falls and potential fall distance. The anchor device/ point should be placed above the position of the user. The shape and construction of the anchor device/point shall not allowed to self-acting disconnection of the equipment. Minimal static strength of the anchor device/ point is 12 kN. It is recommended to use certified and marked structural anchor point complied with EN795.
- it is obligatory to verify the free space required beneath the user at the workplace before each occasion of use the fall arrest system, so that, in the case of a fall, there will be no collision with the ground or other obstacle in the fall

there are many hazards that may affect the performance of the equipment and corresponding safety precautions that have to be observed during equipment utilization, especially:

- trailing or looping of lanyards or lifelines over sharp edges, - any defects like cutting, abrasion, corrosion, - climatic exposure, - pendulum falls, - extremes of temperature, - chemical reagents, - electrical conductivity.
- personal protective equipment must be transported in the package (e.g. bag made of moisture-proof textile or foil bag or cases made of steel or plastic) to protect it against damage or moisture.
- the equipment can be cleaned without causing adverse effect on the materials in the manufacture of the equipment. For textile products use mild detergents for delicate fabrics, wash by hand or in a machine and rinse in water. For energy absorbers use only a damp cloth to wipe away dirt. It's forbidden to immerse energy absorbers into the water. Plastic parts can be cleaned only with water. When the equipment becomes wet, either from being in use or when due cleaning, it shall be allowed to dry naturally, and shall be kept away from direct heat. In metallic products some mechanic parts (spring, pin, hinge, etc.) can be regularly slightly lubricated to ensure better operation.
- personal protective equipment should be stored loosely packed, in a well-ventilated place, protected from direct light, ultraviolet degradation, damp environment, sharp edges, extreme temperatures and corrosive or aggressive substances.
- Using the harness in connection with personal protective equipment against falls from a height must be compatible with manual instructions of this equipment and obligatory standards:
 - EN353-1, EN353-2, EN355, EN354, EN360
 - for the fall arrest systems;
 - EN362 - for the connectors;
 - EN1496, EN341 - for rescue devices;
 - EN795 - for anchor devices.

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It is the responsibility of the user to provide the identity card and to fill in the details required. The identity card should be filled in before the first use by a competent person, responsible in the user organization for protective equipment. Any information about the equipment like periodic inspections, repairs, reasons of equipment's withdrawal from use shall be noted into the identity card. The identity card should be stored during a whole period of equipment utilization. Do not use the equipment without the identity card.

Model and type of equipment	
Serial/batch number	
Reference number	
Date of manufacture	
Date of Purchase	
Date of First use	
User name	

[illegible]